

Houghton Park

6301 Myrtle Ave
Long Beach, CA 90805
Ph. (562) 570-1640

Hours of Operation:

Monday - Friday
2:30p.m.- 6:30 p.m.

Houghton Park Teen Center is committed to maintaining a safe and productive environment for youth participating in our teen program. Join our enthusiastic and dedicated Recreation Leaders for this structured program. This is a free non-custodial drop in program for youth 13 -18 years of age. Participants may come and go at their own discretion.

Special Events/Tournaments


- **African American Heritage Craft - 2/3/17**
- **Valentine Cards - 2/10/17**
- **Grub Club (Taste of Soul) - 2/17/17**
- **Closed for President's Day- 2/20/2017**
- **February Birthday Bash - 2/24/17**

Daily Activities

- **Fitness Program: Monday - Thursday**
- **Homework Help: Monday - Thursday**
- **Meal Program: Monday - Friday**
- **Heal Zone Fitness/Kickball Practice and Basketball Clinic: Mon. thru Wed.**
- **Chill Day/ Special Activities: Friday**

FEBRUARY 2017

Houghton Park Teen Center

| Mon | Tue | Wed | Thu | Fri |
|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| | | 1 Heal Zone Fitness Kickball Practice Basketball Clinic Homework Help Supper Program | 2 Homework Help Xbox One Challenge Supper Program Dodge ball | 3 Chill Day Fridays Board Games African American Heritage Craft Supper Program |
| 6 Heal Zone Fitness Kickball Practice Basketball Clinic Homework Help Supper Program | 7 Nutritional Class Homework Help Phase 10 Challenge Supper Program | 8 Heal Zone Fitness Kickball Practice Basketball Clinic Homework Help Supper Program | 9 Homework Help Xbox One Challenge Supper Program Dodge ball | 10 Chill Day Fridays Board Games Valentine Cards Supper Program |
| 13 Heal Zone Fitness Kickball Practice Basketball Clinic Homework Help Supper Program | 14 Nutritional Class Homework Help Ping Pong Challenge Supper Program | 15 Heal Zone Fitness Kickball Practice Basketball Clinic Homework Help Supper Program | 16 Homework Help Xbox One Challenge Supper Program Dodge ball | 17 Chill Day Fridays Music & Dance Taste of Soul Grub Club Supper Program |
| 20 CLOSED HAPPY PRESIDENT'S DAY | 21 Nutritional Class Homework Help Phase 10 Tourney Supper Program | 22 Heal Zone Fitness Basketball Clinic Homework Help Supper Program | 23 Homework Help Xbox One Tour- ney Supper Program Dodge ball | 24 Chill Day Fridays *February Birthday Bash Supper Program |
| 26 Heal Zone Fitness Basketball Clinic Homework Help Supper Program | 28 Nutritional Class Homework Help Ping Pong Tourney Supper Program | | |  |